

# You're Only Helpless While Your Spray Tan Is Drying: A Comprehensive Guide to Maintaining Your Glow



## You're Only Helpless While Your Spray Tan Is Drying: Guide to your perfect tan without looking like an orange

by Twaambo Kapilikisha

★★★★★ 5 out of 5

Language : English  
File size : 1599 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 11 pages  
Lending : Enabled



Getting a spray tan is a great way to achieve a beautiful, sun-kissed glow without having to spend hours in the sun. However, it's important to know how to care for and maintain your spray tan so that it lasts as long as possible and looks its best.

In this comprehensive guide, we'll provide you with all the information you need on how to care for and maintain your spray tan, so you can keep your gorgeous glow for as long as possible.

### Before Your Spray Tan

The first step to maintaining your spray tan is to prepare your skin properly before you get it. Here are a few tips:

- **Exfoliate your skin.** This will remove any dead skin cells and help the spray tan to adhere better to your skin.
- **Moisturize your skin.** This will help to keep your skin hydrated and prevent the spray tan from drying out.
- **Avoid using harsh soaps or scrubs.** These can strip your skin of its natural oils and make it more difficult for the spray tan to adhere.
- **Wear loose-fitting clothing.** This will help to prevent the spray tan from rubbing off on your clothes.

## During Your Spray Tan

Once you're at the salon, the technician will apply the spray tan to your skin using a special machine. Here are a few things to keep in mind during your spray tan:

- **Follow the technician's instructions carefully.** They will tell you how to stand, how to move, and how to avoid getting the spray tan in your eyes.
- **Be patient.** The spray tan process can take 15-30 minutes, so be prepared to stand still for that amount of time.
- **Avoid touching your skin.** This can cause the spray tan to streak or rub off.

## After Your Spray Tan

Once your spray tan is complete, there are a few things you need to do to care for it and keep it looking its best.

For the first 8-12 hours after your spray tan, you should avoid getting it wet. This means no showering, swimming, or exercising. You should also avoid wearing tight-fitting clothing or using harsh soaps or scrubs.

After 8-12 hours, you can shower normally. However, you should avoid using harsh soaps or scrubs, and you should moisturize your skin regularly.

Here are a few additional tips for maintaining your spray tan:

- **Moisturize your skin regularly.** This will help to keep your skin hydrated and prevent the spray tan from drying out.
- **Avoid using harsh soaps or scrubs.** These can strip your skin of its natural oils and make it more difficult for the spray tan to adhere.
- **Exfoliate your skin gently once or twice a week.** This will help to remove any dead skin cells and keep your spray tan looking fresh.
- **Avoid sun exposure.** Sun exposure can damage your skin and fade your spray tan.
- **Use a gradual self-tanner.** This can help to extend the life of your spray tan and keep your skin looking tanned even after it starts to fade.

## Troubleshooting Spray Tan Problems

If you're experiencing any problems with your spray tan, there are a few things you can do to troubleshoot the issue.

Here are a few common spray tan problems and how to fix them:

- **My spray tan is streaky.** This can be caused by a number of factors, including improper application, dry skin, or using a harsh soap or

scrub. To fix this, try exfoliating your skin gently and moisturizing it regularly. You can also use a gradual self-tanner to help blend the streaks.

- **My spray tan is too orange.** This can be caused by using a spray tan that is too dark for your skin tone. To fix this, try using a gradual self-tanner to gradually build up your tan. You can also try using a color-correcting lotion to neutralize the orange tint.
- **My spray tan is fading too quickly.** This can be caused by a number of factors, including sun exposure, swimming, or using harsh soaps or scrubs. To fix this, try to avoid sun exposure, avoid swimming, and use a gradual self-tanner to extend the life of your tan.

Getting a spray tan is a great way to achieve a beautiful, sun-kissed glow without having to spend hours in the sun. However, it's important to know how to care for and maintain your spray tan so that it lasts as long as possible and looks its best.

By following the tips in this guide, you can keep your spray tan looking gorgeous for weeks to come.



## You're Only Helpless While Your Spray Tan Is Drying: Guide to your perfect tan without looking like an orange

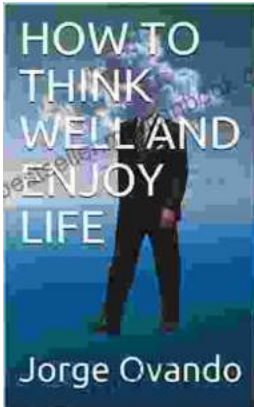
by Twaambo Kapilikisha

★★★★★ 5 out of 5

Language : English  
File size : 1599 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 11 pages  
Lending : Enabled

FREE

DOWNLOAD E-BOOK



## How to Think Well and Enjoy Life

Thinking well is a skill that can be learned and practiced. By following these tips, you can learn to think more clearly, make better...



## A Comprehensive Journey Through Economic Thought: A Brief History

Economics, the study of how societies allocate scarce resources, has a rich and fascinating history. Economic thought has evolved over centuries, shaped by...